

DELIVERING SO MUCH MORE THAN JUST A MEAL IN OHIO

OHIO'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	2,718,923 (23%)
Seniors threatened by hunger (marginally food insecure)	350,741 (13%)
Seniors at risk of hunger (food insecure)	212,076 (8%)
Seniors facing hunger (very low food secure)	103,319 (4%)
Seniors living alone	708,012 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	222,797 (8%)
Seniors that are non-white racial and/or an ethnic minority	13%
Seniors experiencing falls with injury	9%
Seniors with self-rated health as "fair to poor"	25%
Seniors with a disability	30%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Hospital readmissions within 30 days*	15%	Total Medicare spending (in billions)	\$23.27
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OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN OHIO ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	45,405	38,829	84,234
Meals served each year	1,811,250	5,795,251	7,606,501

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	52%	Live in poverty	42%
Live in a rural area	39%	Minority	28%
Women	65%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$8,920,743	\$16,485,742	\$25,406,485 (47%)
Total Expenditures	\$17,007,614	\$37,435,078	\$54,442,692

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN OHIO CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$12.37	\$2,733	\$234

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate

