

DELIVERING SO MUCH MORE THAN JUST A MEAL IN OHIO

OHIO'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

| | |
|---|-----------------|
| Senior population | 2,718,923 (23%) |
| Seniors threatened by hunger (marginally food insecure) | 350,741 (13%) |
| Seniors at risk of hunger (food insecure) | 212,076 (8%) |
| Seniors facing hunger (very low food secure) | 103,319 (4%) |
| Seniors living alone | 708,012 (26%) |

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

| | |
|---|--------------|
| Seniors living in poverty | 222,797 (8%) |
| Seniors that are non-white racial and/or an ethnic minority | 13% |
| Seniors experiencing falls with injury | 9% |
| Seniors with self-rated health as "fair to poor" | 25% |
| Seniors with a disability | 30% |

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

| | | | |
|---------------------------------------|---------|---------------------------------------|-----|
| Preventable hospitalizations* | 57% | Hospital readmissions within 30 days* | 15% |
| Total Medicare spending (in billions) | \$23.27 | | |

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN OHIO ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

| | Congregate Meals | Home-Delivered Meals | Total |
|--------------------------|------------------|----------------------|-----------|
| Seniors served each year | 45,405 | 38,829 | 84,234 |
| Meals served each year | 1,811,250 | 5,795,251 | 7,606,501 |

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

| | | | |
|----------------------|-----|-----------------|-----|
| Live alone | 52% | Live in poverty | 42% |
| Live in a rural area | 39% | Minority | 28% |
| Women | 65% | | |

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

| | Congregate Meals | Home-Delivered Meals | Total |
|--------------------|------------------|----------------------|--------------------|
| OAA Expenditures | \$8,920,743 | \$16,485,742 | \$25,406,485 (47%) |
| Total Expenditures | \$17,007,614 | \$37,435,078 | \$54,442,692 |

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN OHIO CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

| | | |
|---|-----------------------------|---------------------------------|
| Cost of 1 day (1 meal) serving a senior Meals on Wheels** | Cost of 1 day in a hospital | Cost of 1 day in a nursing home |
| \$12.37 | \$2,733 | \$234 |

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate

