

DELIVERING SO MUCH MORE THAN JUST A MEAL IN OREGON

OREGON'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	984,171 (24%)
Seniors threatened by hunger (marginally food insecure)	109,243 (11%)
Seniors at risk of hunger (food insecure)	58,066 (6%)
Seniors facing hunger (very low food secure)	18,699 (2%)
Seniors living alone	236,790 (24%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	94,155 (10%)
Seniors that are non-white racial and/or an ethnic minority	10%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	22%
Seniors with a disability	31%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	34%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in billions)	\$6.51		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN OREGON ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	25,546	13,488	39,034
Meals served each year	763,641	1,674,735	2,438,376

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	36%	Live in poverty	14%
Live in a rural area	29%	Minority	8%
Women	60%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$5,173,427	\$6,856,079	\$12,029,506 (99%)
Total Expenditures	\$5,218,853	\$6,899,774	\$12,118,627

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN OREGON CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$14.10	\$3,599	\$305

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate

