

DELIVERING SO MUCH MORE THAN JUST A MEAL IN PENNSYLVANIA

PENNSYLVANIA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	3,153,690 (25%)
Seniors threatened by hunger (marginally food insecure)	463,592 (15%)
Seniors at risk of hunger (food insecure)	179,760 (6%)
Seniors facing hunger (very low food secure)	66,227 (2%)
Seniors living alone	815,935 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	272,055 (9%)
Seniors that are non-white racial and/or an ethnic minority	13%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	24%
Seniors with a disability	30%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	52%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$27.99		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN PENNSYLVANIA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	64,033	33,708	97,741
Meals served each year	2,990,962	6,107,711	9,098,673

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	50%	Live in poverty	26%
Live in a rural area	28%	Minority	20%
Women	69%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$11,919,060	\$28,602,270	\$40,521,330 (56%)
Total Expenditures	\$27,339,529	\$44,815,003	\$72,154,532

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN PENNSYLVANIA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$10.33	\$2,397	\$316

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate

