

DELIVERING SO MUCH MORE THAN JUST A MEAL IN SOUTH CAROLINA

SOUTH CAROLINA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,191,111 (24%)
Seniors threatened by hunger (marginally food insecure)	188,196 (16%)
Seniors at risk of hunger (food insecure)	110,773 (9%)
Seniors facing hunger (very low food secure)	34,542 (3%)
Seniors living alone	271,472 (23%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	120,986 (10%)
Seniors that are non-white racial and/or an ethnic minority	25%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	27%
Seniors with a disability	32%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	46%	Hospital readmissions within 30 days*	15%
Total Medicare spending (in billions)	\$9.37		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN SOUTH CAROLINA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	8,354	12,164	20,518
Meals served each year	752,665	1,875,002	2,627,667

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	0%	Live in poverty	45%
Live in a rural area	57%	Minority	55%
Women	72%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$4,049,008	\$7,130,005	\$11,179,013 (60%)
Total Expenditures	\$6,241,505	\$12,362,147	\$18,603,652

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN SOUTH CAROLINA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.77	\$2,047	\$211

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate

