

DELIVERING SO MUCH MORE THAN JUST A MEAL IN SOUTH DAKOTA

SOUTH DAKOTA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	198,398 (23%)
Seniors threatened by hunger (marginally food insecure)	26,982 (14%)
Seniors at risk of hunger (food insecure)	14,483 (7%)
Seniors facing hunger (very low food secure)	6,349 (3%)
Seniors living alone	51,352 (26%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	14,617 (8%)
Seniors that are non-white racial and/or an ethnic minority	6%
Seniors experiencing falls with injury	9%
Seniors with self-rated health as "fair to poor"	22%
Seniors with a disability	27%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	51%	Hospital readmissions within 30 days*	13%
Total Medicare spending (in billions)	\$1.41		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN SOUTH DAKOTA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	8,289	3,110	11,399
Meals served each year	798,205	458,098	1,256,303

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	49%	Live in poverty	36%
Live in a rural area	80%	Minority	15%
Women	64%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$2,634,378	\$1,532,219	\$4,166,597 (49%)
Total Expenditures	\$5,357,658	\$3,098,501	\$8,456,159

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN SOUTH DAKOTA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$11.84	\$1,505	\$218

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate

