

DELIVERING SO MUCH MORE THAN JUST A MEAL IN WEST VIRGINIA

WEST VIRGINIA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	482,374 (27%)
Seniors threatened by hunger (marginally food insecure)	85,863 (18%)
Seniors at risk of hunger (food insecure)	44,378 (9%)
Seniors facing hunger (very low food secure)	16,401 (3%)
Seniors living alone	122,547 (25%)

ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	55,481 (12%)
Seniors that are non-white racial and/or an ethnic minority	4%
Seniors experiencing falls with injury	11%
Seniors with self-rated health as "fair to poor"	33%
Seniors with a disability	39%

INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	75%	Hospital readmissions within 30 days*	16%
Total Medicare spending (in billions)	\$4.22		

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN WEST VIRGINIA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	17,210	8,865	26,075
Meals served each year	755,186	1,330,439	2,085,625

PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	50%	Live in poverty	37%
Live in a rural area	77%	Minority	6%
Women	63%		

FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,800,493	\$2,743,486	\$4,543,979 (33%)
Total Expenditures	\$5,107,943	\$8,665,031	\$13,772,974

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN WEST VIRGINIA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$8.84	\$1,986	\$338

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

*Among Medicare enrollees age 65+

**Aggregated inflation-adjusted estimate

