

# DELIVERING SO MUCH MORE THAN JUST A MEAL IN WISCONSIN

## WISCONSIN'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	1,341,522 (23%)
Seniors threatened by hunger (marginally food insecure)	136,835 (10%)
Seniors at risk of hunger (food insecure)	64,393 (5%)
Seniors facing hunger (very low food secure)	25,489 (2%)
Seniors living alone	339,936 (25%)

## ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	107,002 (8%)
Seniors that are non-white racial and/or an ethnic minority	8%
Seniors experiencing falls with injury	10%
Seniors with self-rated health as "fair to poor"	20%
Seniors with a disability	27%

## INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	45%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in billions)	\$9.83		

## OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN WISCONSIN ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	46,260	21,048	67,308
Meals served each year	1,517,474	2,278,468	3,795,942

## PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	49%	Live in poverty	23%
Live in a rural area	67%	Minority	8%
Women	63%		

## FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$4,499,843	\$5,302,865	\$9,802,708 (33%)
Total Expenditures	\$12,631,249	\$17,482,456	\$30,113,705

## TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN WISCONSIN CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$12.16	\$2,501	\$274

## MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

\*Among Medicare enrollees age 65+

\*\*Aggregated inflation-adjusted estimate

