

# DELIVERING SO MUCH MORE THAN JUST A MEAL IN WYOMING

## WYOMING'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	131,936 (23%)
Seniors threatened by hunger (marginally food insecure)	15,173 (12%)
Seniors at risk of hunger (food insecure)	9,367 (7%)
Seniors facing hunger (very low food secure)	3,562 (3%)
Seniors living alone	31,614 (24%)

## ADDITIONAL FACTORS CAN MAKE SENIORS EVEN MORE VULNERABLE

Seniors living in poverty	10,621 (9%)
Seniors that are non-white racial and/or an ethnic minority	7%
Seniors experiencing falls with injury	12%
Seniors with self-rated health as "fair to poor"	22%
Seniors with a disability	34%

## INADEQUATE NUTRITION AND/OR LIMITED SOCIAL CONTACT HAS DIRECT HEALTH CONSEQUENCES THAT AFFECT THE HEALTHCARE SYSTEM AND ECONOMY

Preventable hospitalizations*	43%	Hospital readmissions within 30 days*	14%
Total Medicare spending (in millions)	\$833		

## OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN WYOMING ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO THE MOST AT-RISK SENIORS

	Congregate Meals	Home-Delivered Meals	Total
Seniors served each year	17,636	4,779	22,415
Meals served each year	637,069	541,227	1,178,296

## PROFILE OF OAA TITLE III RECIPIENTS (INCLUDES SUPPORTIVE SERVICES)

Live alone	37%	Live in poverty	21%
Live in a rural area	73%	Minority	5%
Women	61%		

## FUNDING FOR THESE PROGRAMS VARY BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate Meals	Home-Delivered Meals	Total
OAA Expenditures	\$1,992,232	\$1,567,560	\$3,559,792 (31%)
Total Expenditures	\$6,239,084	\$5,291,646	\$11,530,730

## TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN WYOMING CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 day (1 meal) serving a senior Meals on Wheels**	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$13.58	\$1,520	\$236

## MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

\*Among Medicare enrollees age 65+

\*\*Aggregated inflation-adjusted estimate

