

DELIVERING SO MUCH MORE THAN JUST A MEAL IN FLORIDA

FLORIDA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population ¹	5,742,092 (27%)	Rank: 4 th in U.S.
Seniors threatened by hunger (marginally food insecure)	1,033,577 (18%)	Rank: 22 nd in U.S.
Seniors at risk of hunger (food insecure)	470,852 (8%)	Rank: 16 th in U.S.
Seniors facing hunger (very low food secure)	160,779 (3%)	Rank: 21 st in U.S.
State ranking for risk of social isolation ²	13 th in U.S.	

MANY FACTORS CAN CREATE DISPARITIES AND MAKE SENIORS EVEN MORE VULNERABLE

Black or African American	10%	Hispanic or Latino	16%	Native American/Alaskan or Hawaiian/Pacific Islander	<1%
Seniors self-reporting "fair to poor" health	25%	Seniors with a disability	29%		
Seniors living alone	23%	Seniors living below the poverty line	11%		
Seniors who lack income to pay for basic living needs	Singles: 49%		Couples: 23%		

INADEQUATE NUTRITION AND LIMITED SOCIAL CONTACT HAVE HEALTH CONSEQUENCES THAT AFFECT INDIVIDUALS, OUR HEALTHCARE SYSTEM AND THE ECONOMY

Seniors experiencing falls with injury	10%	Preventable hospitalizations ³	48 per 1,000
Hospital readmissions within 30 days ³	17%	Total Medicare spending (in billions)	\$47.70

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN FLORIDA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO SENIORS AT RISK OF HUNGER AND ISOLATION

	Title III-C Nutrition Program		Title VI Grants for Native Americans	
	Seniors served	Meals served	Seniors served	Meals served
Congregate meals	31,296	4,211,801	N/A	N/A
Home-delivered meals	39,671	9,510,615	N/A	N/A
Total	70,967	13,722,416	N/A	N/A

PROFILE OF SENIORS RECEIVING OAA TITLE III SERVICES ⁴

Live alone	46%	Live below the poverty line	50%
Live in a rural area	5%	Women	68%
Black or African American	19%	Hispanic or Latino	36%
		Native American or Hawaiian/Pacific Islander	<1%

FUNDING FOR THESE PROGRAMS VARIES BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate meals	Home-delivered meals	Total
OAA Title III expenditures	\$17,188,322	\$18,342,126	\$35,530,448 (45%)
Total expenditures	\$26,627,439	\$53,072,240	\$79,699,679

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN FLORIDA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 home-delivered / congregate meal ⁵	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$9.84 / \$8.85	\$2,213	\$281

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

Notes: ¹ Senior population and hunger: lower number ranking = higher percent; ² Social isolation: lower number ranking = higher isolation risk; ³ Among Medicare beneficiaries of all ages; ⁴ Includes Title III registered services not limited to meals; ⁵ Inflation-adjusted regional average

