

# DELIVERING SO MUCH MORE THAN JUST A MEAL IN GEORGIA

## GEORGIA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population <sup>1</sup>	2,063,744 (20%)	Rank: 47 <sup>th</sup> in U.S.
Seniors threatened by hunger (marginally food insecure)	328,135 (16%)	Rank: 33 <sup>rd</sup> in U.S.
Seniors at risk of hunger (food insecure)	156,845 (8%)	Rank: 23 <sup>rd</sup> in U.S.
Seniors facing hunger (very low food secure)	53,657 (3%)	Rank: 24 <sup>th</sup> in U.S.
State ranking for risk of social isolation <sup>2</sup>	20 <sup>th</sup> in U.S.	

## MANY FACTORS CAN CREATE DISPARITIES AND MAKE SENIORS EVEN MORE VULNERABLE

Black or African American	25%	Hispanic or Latino	3%	Native American/Alaskan or Hawaiian/Pacific Islander	<1%
Seniors self-reporting "fair to poor" health	29%	Seniors with a disability	30%		
Seniors living alone	24%	Seniors living below the poverty line	11%		
Seniors who lack income to pay for basic living needs	Singles: 51%		Couples: 23%		

## INADEQUATE NUTRITION AND LIMITED SOCIAL CONTACT HAVE HEALTH CONSEQUENCES THAT AFFECT INDIVIDUALS, OUR HEALTHCARE SYSTEM AND THE ECONOMY

Seniors experiencing falls with injury	10%	Preventable hospitalizations <sup>3</sup>	47 per 1,000
Hospital readmissions within 30 days <sup>3</sup>	16%	Total Medicare spending (in billions)	\$15.32

## OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN GEORGIA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO SENIORS AT RISK OF HUNGER AND ISOLATION

	Title III-C Nutrition Program		Title VI Grants for Native Americans	
	Seniors served	Meals served	Seniors served	Meals served
Congregate meals	15,567	1,348,654	N/A	N/A
Home-delivered meals	13,909	2,326,628	N/A	N/A
Total	29,476	3,675,282	N/A	N/A

## PROFILE OF SENIORS RECEIVING OAA TITLE III SERVICES <sup>4</sup>

Live alone	40%	Live below the poverty line	39%
Live in a rural area	32%	Women	71%
Black or African American	34%	Hispanic or Latino	3%
		Native American or Hawaiian/Pacific Islander	<1%

## FUNDING FOR THESE PROGRAMS VARIES BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate meals	Home-delivered meals	Total
OAA Title III expenditures	\$10,841,190	\$6,288,973	\$17,130,163 (57%)
Total expenditures	\$14,081,540	\$15,997,499	\$30,079,039

## TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN GEORGIA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 home-delivered / congregate meal <sup>5</sup>	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$9.84 / \$8.85	\$1,845	\$220

## MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

Notes: <sup>1</sup> Senior population and hunger: lower number ranking = higher percent; <sup>2</sup> Social isolation: lower number ranking = higher isolation risk; <sup>3</sup> Among Medicare beneficiaries of all ages; <sup>4</sup> Includes Title III registered services not limited to meals; <sup>5</sup> Inflation-adjusted regional average

