

# DELIVERING SO MUCH MORE THAN JUST A MEAL IN KANSAS

## KANSAS'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population <sup>1</sup>	643,977 (22%)	Rank: 33 <sup>rd</sup> in U.S.
Seniors threatened by hunger (marginally food insecure)	120,424 (19%)	Rank: 19 <sup>th</sup> in U.S.
Seniors at risk of hunger (food insecure)	65,042 (10%)	Rank: 7 <sup>th</sup> in U.S.
Seniors facing hunger (very low food secure)	34,775 (5%)	Rank: 2 <sup>nd</sup> in U.S.
State ranking for risk of social isolation <sup>2</sup>	33 <sup>rd</sup> in U.S.	

## MANY FACTORS CAN CREATE DISPARITIES AND MAKE SENIORS EVEN MORE VULNERABLE

Black or African American	4%	Hispanic or Latino	4%	Native American/Alaskan or Hawaiian/Pacific Islander	1%
Seniors self-reporting "fair to poor" health	23%	Seniors with a disability	32%		
Seniors living alone	27%	Seniors living below the poverty line	8%		
Seniors who lack income to pay for basic living needs	Singles: 44%		Couples: 20%		

## INADEQUATE NUTRITION AND LIMITED SOCIAL CONTACT HAVE HEALTH CONSEQUENCES THAT AFFECT INDIVIDUALS, OUR HEALTHCARE SYSTEM AND THE ECONOMY

Seniors experiencing falls with injury	10%	Preventable hospitalizations <sup>3</sup>	40 per 1,000
Hospital readmissions within 30 days <sup>3</sup>	16%	Total Medicare spending (in billions)	\$4.83

## OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN KANSAS ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO SENIORS AT RISK OF HUNGER AND ISOLATION

	Title III-C Nutrition Program		Title VI Grants for Native Americans	
	Seniors served	Meals served	Seniors served	Meals served
Congregate meals	23,908	1,242,691	663	38,073
Home-delivered meals	11,811	1,873,613	157	26,887
<b>Total</b>	<b>35,719</b>	<b>3,116,304</b>	<b>820</b>	<b>64,960</b>

## PROFILE OF SENIORS RECEIVING OAA TITLE III SERVICES <sup>4</sup>

Live alone	46%	Live below the poverty line	24%
Live in a rural area	61%	Women	63%
Black or African American	5%	Hispanic or Latino	4%
		Native American or Hawaiian/Pacific Islander	1%

## FUNDING FOR THESE PROGRAMS VARIES BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate meals	Home-delivered meals	Total
OAA Title III expenditures	\$2,851,628	\$2,296,235	\$5,147,863 (27%)
Total expenditures	\$8,170,632	\$11,163,078	\$19,333,710

## TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN KANSAS CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 home-delivered / congregate meal <sup>5</sup>	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$11.82 / \$13.23	\$1,925	\$185

## MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

Notes: <sup>1</sup> Senior population and hunger: lower number ranking = higher percent; <sup>2</sup> Social isolation: lower number ranking = higher isolation risk; <sup>3</sup> Among Medicare beneficiaries of all ages; <sup>4</sup> Includes Title III registered services not limited to meals; <sup>5</sup> Inflation-adjusted regional average

