

DELIVERING SO MUCH MORE THAN JUST A MEAL IN NEVADA

NEVADA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population ¹	658,461 (22%)	Rank: 41 st in U.S.
Seniors threatened by hunger (marginally food insecure)	113,255 (17%)	Rank: 28 th in U.S.
Seniors at risk of hunger (food insecure)	70,455 (11%)	Rank: 5 th in U.S.
Seniors facing hunger (very low food secure)	34,898 (5%)	Rank: 3 rd in U.S.
State ranking for risk of social isolation ²	26 th in U.S.	

MANY FACTORS CAN CREATE DISPARITIES AND MAKE SENIORS EVEN MORE VULNERABLE

Black or African American	7%	Hispanic or Latino	12%	Native American/Alaskan or Hawaiian/Pacific Islander	1%
Seniors self-reporting "fair to poor" health	27%	Seniors with a disability	30%		
Seniors living alone	23%	Seniors living below the poverty line	10%		
Seniors who lack income to pay for basic living needs	Singles: 41%		Couples: 18%		

INADEQUATE NUTRITION AND LIMITED SOCIAL CONTACT HAVE HEALTH CONSEQUENCES THAT AFFECT INDIVIDUALS, OUR HEALTHCARE SYSTEM AND THE ECONOMY

Seniors experiencing falls with injury	10%	Preventable hospitalizations ³	39 per 1,000
Hospital readmissions within 30 days ³	17%	Total Medicare spending (in billions)	\$4.70

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN NEVADA ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO SENIORS AT RISK OF HUNGER AND ISOLATION

	Title III-C Nutrition Program		Title VI Grants for Native Americans	
	Seniors served	Meals served	Seniors served	Meals served
Congregate meals	17,469	608,555	1,322	57,137
Home-delivered meals	8,763	1,586,436	508	76,804
Total	26,232	2,194,991	1,830	133,941

PROFILE OF SENIORS RECEIVING OAA TITLE III SERVICES ⁴

Live alone	41%	Live below the poverty line	32%
Live in a rural area	44%	Women	56%
Black or African American	8%	Hispanic or Latino	7%
		Native American or Hawaiian/Pacific Islander	2%

FUNDING FOR THESE PROGRAMS VARIES BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate meals	Home-delivered meals	Total
OAA Title III expenditures	\$1,509,876	\$3,920,904	\$5,430,780 (77%)
Total expenditures	\$1,509,876	\$5,529,458	\$7,039,334

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN NEVADA CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 home-delivered / congregate meal ⁵	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$13.06 / \$15.42	\$1,991	\$250

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

Notes: ¹ Senior population and hunger: lower number ranking = higher percent; ² Social isolation: lower number ranking = higher isolation risk; ³ Among Medicare beneficiaries of all ages; ⁴ Includes Title III registered services not limited to meals; ⁵ Inflation-adjusted regional average

