

DELIVERING SO MUCH MORE THAN JUST A MEAL IN WYOMING

WYOMING'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population ¹	135,830 (24%)	Rank: 19 th in U.S.
Seniors threatened by hunger (marginally food insecure)	21,733 (16%)	Rank: 32 nd in U.S.
Seniors at risk of hunger (food insecure)	6,792 (5%)	Rank: 42 nd in U.S.
Seniors facing hunger (very low food secure)	1,902 (1%)	Rank: 47 th in U.S.
State ranking for risk of social isolation ²	43 rd in U.S.	

MANY FACTORS CAN CREATE DISPARITIES AND MAKE SENIORS EVEN MORE VULNERABLE

Black or African American	1%	Hispanic or Latino	6%	Native American/Alaskan or Hawaiian/Pacific Islander	1%
Seniors self-reporting "fair to poor" health	22%	Seniors with a disability	29%		
Seniors living alone	25%	Seniors living below the poverty line	8%		
Seniors who lack income to pay for basic living needs	Singles: 46%		Couples: 22%		

INADEQUATE NUTRITION AND LIMITED SOCIAL CONTACT HAVE HEALTH CONSEQUENCES THAT AFFECT INDIVIDUALS, OUR HEALTHCARE SYSTEM AND THE ECONOMY

Seniors experiencing falls with injury	8%	Preventable hospitalizations ³	33 per 1,000
Hospital readmissions within 30 days ³	15%	Total Medicare spending (in millions)	\$833

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN WYOMING ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO SENIORS AT RISK OF HUNGER AND ISOLATION

	Title III-C Nutrition Program		Title VI Grants for Native Americans	
	Seniors served	Meals served	Seniors served	Meals served
Congregate meals	18,469	636,776	259	10,656
Home-delivered meals	4,926	550,729	56	23,580
Total	23,395	1,187,505	315	34,236

PROFILE OF SENIORS RECEIVING OAA TITLE III SERVICES ⁴

Live alone	36%	Live below the poverty line	20%
Live in a rural area	73%	Women	60%
Black or African American	<1%	Hispanic or Latino	4%
		Native American or Hawaiian/Pacific Islander	1%

FUNDING FOR THESE PROGRAMS VARIES BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate meals	Home-delivered meals	Total
OAA Title III expenditures	\$2,008,083	\$1,643,168	\$3,651,251 (31%)
Total expenditures	\$6,371,946	\$5,348,846	\$11,720,792

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN WYOMING CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 home-delivered / congregate meal ⁵	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$13.06 / \$15.42	\$1,433	\$242

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

Notes: ¹ Senior population and hunger: lower number ranking = higher percent; ² Social isolation: lower number ranking = higher isolation risk; ³ Among Medicare beneficiaries of all ages; ⁴ Includes Title III registered services not limited to meals; ⁵ Inflation-adjusted regional average

