

# WHAT WE DELIVER



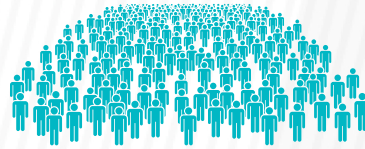
2023 NATIONAL SNAPSHOT

Meals on Wheels is a solution that addresses the escalating issues of senior hunger and isolation. The need is great, but Together, We Can Deliver.™

## IT STARTS WITH THE MEAL...



More than  
**247 MILLION MEALS**  
served annually



**2.8 MILLION SENIORS**  
served annually

**8 OUT OF 10 LOCAL PROGRAMS**  
are serving more home-delivered meal clients than before the pandemic



**1 OUT OF 4 ARE SERVING  
50% MORE** home-delivered meal clients than before the pandemic

## AND DELIVERS ON SO MUCH MORE.

### SERVICES PROVIDED:



**99%** train drivers to keep an eye out for senior wellbeing



**98%** provide socialization opportunities



**88%** connect seniors to services in the community when needs are identified



**86%** train drivers to keep an eye out for safety issues around the clients' home



**43%** provide pet assistance



**34%** offer home repair and modification services

### THE IMPACT:



1 YEAR      1 DAY      10 DAYS

**WE CAN SERVE A SENIOR FOR AN ENTIRE YEAR**  
for roughly the same cost as a day in the hospital  
or 10 in a nursing home

*Of home-delivered meal participants:*



say the meals help  
**IMPROVE THEIR HEALTH**

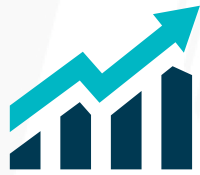


say the services help them  
**FEEL MORE SECURE**



say the meals help them  
**LIVE INDEPENDENTLY**

## BUT THERE ARE SIGNIFICANT CHALLENGES



DEMAND



FUNDING

The onset of the pandemic saw an influx of emergency funding, doubling support to address increased demand. However, this funding is receding while community need is not, and **PROGRAMS ARE STRUGGLING.**

Many local programs are taking drastic steps to sustain their programs amid funding challenges, including **ADDING SENIORS TO WAITING LISTS AND DISCONTINUING OR CUTTING BACK SERVICES.**

NEARLY ALL PROGRAMS REPORT ONE OR MORE CHALLENGES to serving home-delivered meals to all seniors in their community, such as:



LACK OF FUNDING TO PAY FOR MEALS



DIFFICULTY RECRUITING AND RETAINING VOLUNTEERS



RISING FOOD PRICES



DIFFICULTY HIRING AND RETAINING ENOUGH STAFF



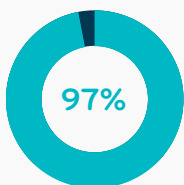
ESCALATING GAS PRICES



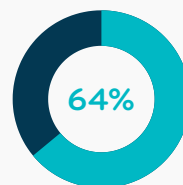
CONTINUING SUPPLY CHAIN ISSUES

## MEALS ON WHEELS PROGRAMS ARE READY AND WILLING TO DO MORE... WITH MORE RESOURCES.

REACHING ALL SENIORS WHO NEED MEALS IS CONSTRAINED BY FUNDING AND CAPACITY LIMITATIONS



97% of local programs believe there are seniors in their community who need meals who they **ARE NOT CURRENTLY SERVING.**



64% are confident that they could serve more seniors, **IF THE NEW CLIENTS CAME WITH MORE FUNDING.**

**FUND AND SUPPORT MEALS ON WHEELS TODAY.**

