

THE ESCALATING ISSUE OF SENIOR HUNGER AND ISOLATION

The Meals on Wheels network is comprised of around 5,000 community-based providers across the country dedicated to addressing senior hunger and isolation. But with growing demand and rising costs, many seniors are left waiting for nutritious meals and moments of connection. The need has never been greater, but together, we can End the Wait.

OUR NATION'S SENIOR POPULATION IS GROWING AND CHANGING RAPIDLY.



1 IN 4 AMERICANS IS 60+
with 12,000 more turning
60 every day

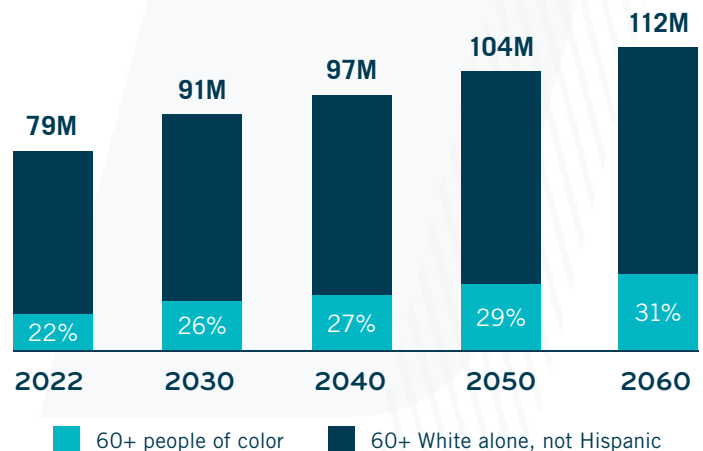


AMONG AMERICANS 60 AND OLDER:

- 29%** HAVE A DISABILITY
- 24%** LIVE ALONE
- 12%** ARE VETERANS

THIS POPULATION IS SET TO
REACH 91M BY 2030, with
112M EXPECTED BY 2060
– increasing the number of
seniors today by nearly half.

OLDER AMERICANS OF COLOR
WILL CONTINUE TO MAKE UP AN
INCREASINGLY LARGER PORTION OF
THIS POPULATION.



OLDER AMERICANS ARE LIVING LONGER WITH LESS MONEY.



12 MILLION OLDER ADULTS
face financial challenges
that impact their ability
to age at home.



1 IN 2 SENIORS LIVING ALONE
lacks the income to pay for basic needs

SENIORS ARE AT GREATER RISK OF HUNGER AND MALNUTRITION.



**OLDER ADULTS ARE ALREADY AT
HIGHER RISK OF MALNUTRITION**
due to decreased appetite, mobility issues,
prescription medications and more.

FOOD INSECURITY DISPROPORTIONATELY AFFECTS OLDER ADULTS OF COLOR:

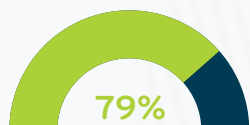
- 24%** OF HISPANIC SENIORS
- 21%** OF BLACK SENIORS
- 11%** OF SENIORS WHO IDENTIFIED
AS ASIAN AMERICA, PACIFIC
ISLANDER, NATIVE AMERICAN
OR MULTI-RACIAL
- 8%** OF NON-HISPANIC SENIORS
- 8%** OF WHITE SENIORS

THE MEALS ON WHEELS SOLUTION STARTS WITH THE MEAL...



AND DELIVERS ON SO MUCH MORE.

OF HOME-DELIVERED MEAL PARTICIPANTS:



say the meals help
IMPROVE THEIR HEALTH



say the services help them
FEEL MORE SECURE



say the meals help them
LIVE INDEPENDENTLY

HELP US END THE WAIT. FUND AND SUPPORT MEALS ON WHEELS.

END the WAIT / **Meals on Wheels America**